



# EMMA'S SPINNING FLOWERS

Picnic Rug 107 X 137cms (42" X 56"), Reversible Bag and 6 Mug Rugs.

Designed by Paula Doyle for makoweruk



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Picnic Rug 107 X 137cms (42" X 56"), Reversible Bag and 6 Mug Rugs.

Quilt designed and pieced by Paula Doyle of Green Mountain Quilt Studio [www.greenmountainquilts.com](http://www.greenmountainquilts.com)

Quilted by Isabelle Hall-Kennedy of Compton Quilting Services [www.comptonquiltingservices.co.uk](http://www.comptonquiltingservices.co.uk)

## FABRIC REQUIREMENTS FOR PICNIC RUG













Removable marking pen or pencil

1 square template plastic 2 ½" x 2 ½"

Crib sized wadding 45" x 60"

Sewing machine and ¼" foot

Rotary cutting equipment

IMAGE	NUMBER	DESIGN	NAME	USEAGE	QUANTITY	ROTARY CUT
	FABRIC 1	790/L	PANSY	QUILT TOP	30cms (⅓yd)	2 strips 4 ½" x WOF, then cut these to yield 16 squares 4 ½" x 4 ½"
	FABRIC 2	794/P	DAISY	QUILT TOP	30cms (⅓yd)	2 strips 4 ½" x WOF, then cut these to yield 16 squares 4 ½" x 4 ½"
	FABRIC 3	792/1	DAFFODIL	QUILT TOP	30cms (⅓yd)	2 strips 4 ½" x WOF, then cut these to yield 16 squares 4 ½" x 4 ½"
	FABRIC 4	794/L	DAISY	QUILT TOP	30cms (⅓yd)	2 strips 4 ½" x WOF, then cut these to yield 18 squares 4 ½" x 4 ½"
	FABRIC 5	795/B	PETUNIA	QUILT TOP	40cms (½yd)	3 strips 4 ½" x WOF, then cut these to yield 22 squares 4 ½" x 4 ½"
	FABRIC 6	794/W	DAISY	QUILT TOP	40cms(½yd)	3 strips 4 ½" x WOF, then cut these to yield 24 squares 4 ½" x 4 ½"
	FABRIC 7	791/R	TULIPS	QUILT TOP	40cms (½yd)	3 strips 4 ½" x WOF, then cut these to yield 24 squares 4 ½" x 4 ½"
	FABRIC 8	794/Y	DAISY	QUILT TOP	40cms (½yd)	3 strips 4 ½" x WOF, then cut these to yield 22 squares 4 ½" x 4 ½"
	FABRIC 9	795/P	PETUNIA	QUILT TOP	40cms (½yd)	3 strips 4 ½" x WOF, then cut these to yield 22 squares 4 ½" x 4 ½"
	FABRIC 10	794/B	DAISY	QUILT TOP	30cms (⅓yd)	2 strips 4 ½" x WOF, then cut these to yield 18 squares 4 ½" x 4 ½"
		799/G8	PETAL	BINDING	40cms (½ yd)	
		794/W	DAISY	BACKING	1.6m (1¾ yd)	

## SEWING INSTRUCTIONS

1. Rotary cut fabric as indicated in the Fabric Requirements table.

2. To make the 4" x 4" corner-triangle squares needed:

Line up the 2 1/2" x 2 1/2" with one corner of each of the fabric squares and mark around remaining two sides of the template onto the right side of the fabrics.



3. Overlap the marked square with a square of contrasting fabric, right sides together, and mark the diagonal line where the corners of the marked squares intersect:



4. Pin squares together into overlapped sets. Stitch 1/4" parallel to marked line on both sides:



All overlapped squares, marked, pinned, and ready to sew

Stitch overlapped squares 1/4" away on both sides of drawn line



5. Cut squares apart on marked diagonal line.



Press seam allowance of corner Triangle away from centre of square:

6. Trim square to measure 4" x 4" raw edge to raw edge:



**Follow steps 1 to 6 to make the 4" x 4" corner-triangle square units needed for the quilt. You will need:**

	8 overlapped sets of Fabric 1 & Fabric 2		12 overlapped sets of Fabric 5 & Fabric 6
	8 overlapped sets of Fabric 1 & Fabric 10		12 overlapped sets of Fabric 6 & Fabric 7
	8 overlapped sets of Fabric 2 & Fabric 3		12 overlapped sets of Fabric 7 & Fabric 8
	8 overlapped sets of Fabric 3 & Fabric 4		12 overlapped sets of Fabric 8 & Fabric 9
	10 overlapped sets of Fabric 4 & Fabric 5		10 overlapped sets of Fabric 9 & Fabric 10

7. Use the 4" x 4" corner-triangle squares to piece the 48 four-patch Spinning Flowers blocks needed for the quilt. The blocks will measure 8" x 8" raw edge to raw edge:

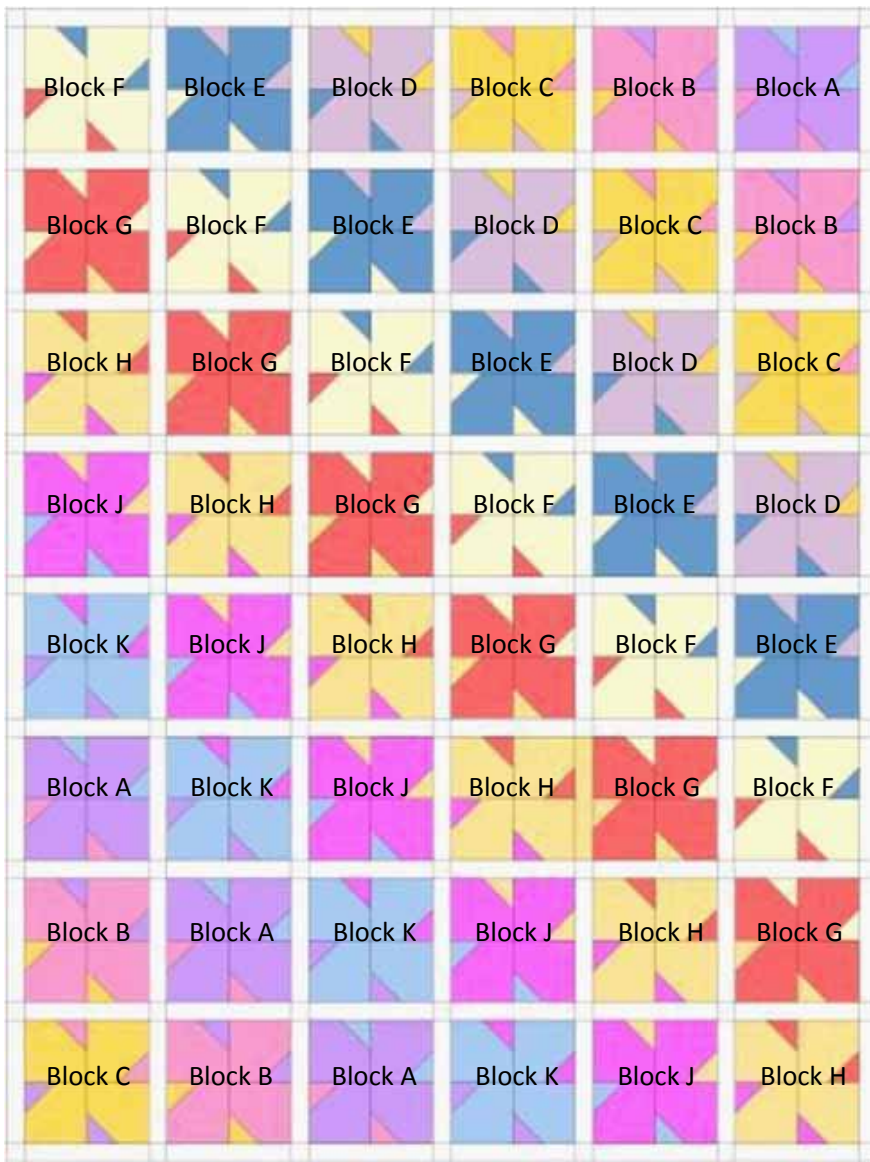
2 squares + 2 squares = 1 four-patch block

 F1 – f 2	 F 1 – f 10		Block A Make 4 blocks
 F 2 – f 1	 F 2 – f 3		Block B Make 4 blocks
 F 3 – f 2	 F 3 – f 4		Block C Make 4 blocks
 F 4 – f 3	 F 4 – f 5		Block D Make 4 blocks
 F 5 – f 4	 F 5 – f 6		Block E Make 5 blocks
 F 6 – f 5	 F 6 – f 7		Block F Make 6 blocks
 F7 – f 6	 F 7 – f 8		Block G Make 6 blocks
 F 8 – f 7	 F 8 – f 9		Block H Make 6 blocks
 F 9 – f 8	 F 9 – f10		Block J Make 5 blocks
 F 10 – f 9	 F 10 – f 1		Block K Make 4 blocks

8. Stitch blocks together to make quilt top (finished blocks will measure 7 ½" x 7 ½")  
See opposite diagram.

9. Sandwich quilt top with wadding and backing fabric and quilt as desired. Our quilt was quilted on a long arm machine with an all-over pantograph pattern by Isabelle Hall-Kennedy of Compton Quilting Services ( [www.comptonquiltingservices.co.uk](http://www.comptonquiltingservices.co.uk) ).

10. Rotary cut binding fabric into 6 strips 2 ½" wide x WOF. Stitch strips of binding fabric together into one very long strip, using a diagonal seam to join the strips. Fold and press binding in half lengthwise, right sides of fabric out and long raw edges meeting. Stitch binding onto edge of quilt and finish hemming by hand. Enjoy your quilt!



## EMMA'S FLOWERS MUG RUGS

EACH RUG 12" x 8" finished size

### Requirements to make 6 mug rugs:

CODE	NAME	QUANTITY	CUTTING
798/1	PANEL	20 cm (7 ½"), which is ONE repeat of 6 large 6" x 6" squares	Add ¼" seam allowance all around squares and cut into 6 squares 6½" x 6½" raw edge to raw edge
797/1	LABELS	20 cm (7 ½"), which are TWO repeats of 11 small 3" x 3" squares	Add ¼" seam allowance all around squares and cut into 12 squares 3 ½" x 3 ½" raw edge to raw edge
799/G3	PETAL	90cm metre (1 yard)	Rotary cut 4 strips of fabric 1½" x WOF, then cut these into 12 pieces 12½" x 1½" Rotary cut 3 strips of fabric 1½" x WOF, then cut these into 18 pieces 6½" x 1½" Rotary cut 2 strips of fabric 9" x WOF, then cut these into 6 pieces 9" x 13"

NB: You will also need six pieces of wadding ( we recommend Insulbright ) cut 9" x 13" to make the mug rugs.

### SEWING INSTRUCTIONS

1. Stitch two of the small 3 ½" x 3 ½" squares of Fabric 797/1 to each other, top to bottom, using a ¼" seam allowance, so unit measures 3 ½" x 6 ½" raw edge to raw edge. Press.
2. Stitch a 6 ½" x 1 ½" piece of green fabric 799/G2 to the left and to the right side of the two pieced squares. Press.
3. Stitch one big 6 ½" x 6 ½" squares of Fabric 798/1 to the left side of the small squares unit.
4. Stitch a third piece of green fabric 799/G2 to the left side of the big square. Press.
5. Stitch a 12 ½" x 1 ½" piece of green fabric 799/G2 to the top and bottom of the squares unit to complete mug rug top. Mug rug will measure 12 ½" x 8 ½" raw edge to raw edge. Press.
6. Sandwich mug rug top, right sides of fabric together to one of the 13" x 9" pieces of green fabric 799/G2 and a piece of wadding.
7. Stitch all around edge of mug rug, ¼" in from raw edge of mug rug top, leaving a 4" opening along one side for turning.
8. Trim away excess backing fabric and wadding. Clip corners. Turn mug rug right side out through opening. Press flat. Stitch opening closed by hand. Quilt as desired.

# EMMA'S FLOWERS REVERSIBLE TOTE BAG WITH POCKETS









Floral Side out



Rainbow side out

## Fabric Requirements for Tote Bag

FABRIC	QUANTITY	CUTTING INSTRUCTIONS
 798/1 Panel (Big Floral Squares)	40 cm ( 16") To include 2 full repeats of 6 big squares each	Cut apart and into 12 squares 6 ½" x 6 ½" for bag pockets
 6 floral fabrics from Emma's Flowers range we chose 790/L, 791/R, 790/B, 795/P, 792/1, 795/B	One Fat Eighth or 15 cm ( 6") each of six floral print fabrics or a 2 ½" wide jellyroll selection	Rotary cut 3 pieces from each of the 6 fabrics (18 pieces in total) each piece measuring 2 ½" wide x 14 ½" long for bag floral panel
 Red Petal 799/R6	50 cm (1/2 yard)	Rotary cut 2 strips 4" x WOF for bag straps 1 strip 1" x WOF and 1 strip 4" x WOF for bag rainbow panel 1 piece 1 ½" x 8" button loop
 Dark Green Petal 799/G8 Orange Petal 799/N5	25 cm ( ¼ yd) each	Rotary cut of each fabric 1 strip 1" x WOF for rainbow panel 1 strip 6 ½" x WOF for pocket lining
 Yellow Petal 799/Y6 Light green Petal 799/G3	15 cm ( 6") each	Rotary cut of each fabric 1 strip 4" x WOF for rainbow panel
 Lilac Petal 799/L5 Blue Petal 799/B6	15 cm ( 6") each	Rotary cut of each fabric 2 strips 1" x WOF for rainbow panel

Other items needed to make the tote bag:

4 " D" rings 25mm (1")

1 ½ metres ( 1 ¾ yards) 25mm wide (1") Fuse and Fold Waistband Shaper or Petersham

Two large 2" buttons

Two pieces of ¼" foamcore board cut 12 ½"x 4 ½" for bag insert

Small remnant (about 13 ½" x 5 ½") of wadding to wrap around foamcore

1 ¼ metre ( 1 ½ yards ) Fusible Volume Fleece, cut into:

2 pieces 36" x 14" for bag panels

2 pieces 36" x 6" for pockets

2 pieces 24" x 4" for handles

## SEWING INSTRUCTIONS:

1. Piece the floral panel : Piece together the 18 pieces  $2\frac{1}{2}'' \times 14\frac{1}{2}''$  of floral fabrics using a scant  $\frac{1}{4}''$  seam allowance to make floral panel for bag measuring  $36\frac{1}{2}'' \times 14\frac{1}{2}''$  raw edge to raw edge. Press seam allowances all in one direction. Fuse one of the  $36'' \times 14''$  pieces of Fusible Volume Fleece to the wrong side of the panel, leaving  $\frac{1}{4}''$  of fabric free all around volume fleece. Machine quilt panel "in the ditch" of the seams.



2. Piece the rainbow panel: Use a scant  $\frac{1}{4}''$  seam allowance to piece together the second panel for the bag. Press seam allowances towards wide red strip:

ORDER OF PIECING STRIPS from top to bottom:

1" royal blue, 1" lilac, 1" red, 1" orange, 4" yellow, 4" lime green  
1" dark green, 1" royal blue, 1" lilac, 4" red

Pieced panel should measure  $14\frac{1}{2}'' \times$  WOF. Trim panel to measure  $36\frac{1}{2}'' \times 14\frac{1}{2}''$ , then fuse second piece  $36'' \times 14''$  of Volume Fleece to wrong side of panel. Machine quilt panel "in the ditch" of the seams.



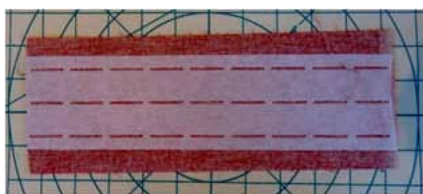
3. Piece the pocket panels: Stitch the large floral squares together into 2 sets of 6 squares each so they measure  $36\frac{1}{2}'' \times 6\frac{1}{2}''$  raw edge to raw edge. Stitch each of the panels to one of the  $6\frac{1}{2}''$  wide strips of dark green and orange along the top of the flowers, right sides of fabrics together, using  $\frac{1}{4}''$  seam allowance. Fuse  $36'' \times 6''$  piece of Volume Fleece lined up to top seam line onto wrong side of fabric. Fold and press pocket panel at top seam line right sides of fabric out, then topstitch  $\frac{1}{4}''$  in at top of pockets. Stay-stitch bottom raw edges together  $\frac{1}{8}''$  in from raw edges.



4. Stitch pockets onto panels: Use a ruler and pen or pencil to mark a line horizontally across each of the bag panels,  $6''$  up from the bottom raw edge of the panel (NOTE: on the rainbow panel this line should be drawn onto the lime green fabric,  $\frac{3}{4}''$  away from the seam where the two green fabrics meet). Line up the bottom raw edge of the pocket section (floral squares side down) with the drawn line. Pin in place, and stitch with  $\frac{1}{4}''$  seam allowance through all thicknesses. Flip pockets section up, then topstitch  $\frac{1}{4}''$  up from the seam line. Stitch up sides of all pockets up to the top, backstitching at top edge. Stay stitch the ends of the pocket section to the edges of the panels about  $\frac{1}{8}''$  in from raw edges.



5. Make bag handles and button loop: Cut off a  $8''$  length from each of the two  $4''$  wide strips of red fabric, and set these aside for D-Rings. For the bag handles fuse one each of the two  $24'' \times 4''$  pieces of Volume Fleece onto remainder of the fabric strips with  $\frac{1}{4}''$  seam allowance of fabric left exposed at each end of fleece. With fleece side out, fold strip in half lengthwise and stitch up the two short  $2''$  ends of each strip. Fold the fleece in on itself until the long raw edges of the red fabric meet the first fold, then turn strip right side out so both measure  $1''$  wide  $\times 24''$ . Pin and topstitch both handles through all thicknesses. For the D-Ring sections fuse two  $8''$  long pieces Waistband Shaper or petersham in place onto the wrong side of the two reserved pieces of red fabric.



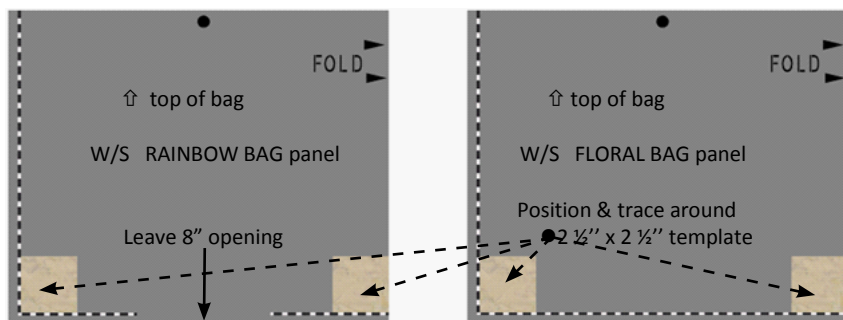
Double fold the fabric strips, fabric side out, so they measure  $1'' \times 8''$ . Topstitch  $\frac{1}{8}''$  from folded edges. Cut each of the two strips in half so you have 4 pieces, each measuring  $1'' \times 4''$ . Insert each piece through D-Ring and fold in half. Stitch through fabric strap as close as possible to the base of the D-Rings.

**For button loop** fold and press the long raw edges of the  $1\frac{1}{2}''$  in towards the centre of the strip, right sides of fabric out, then fold and press in half again to create a thin  $8''$  long strip. Topstitch folded edges together to secure.

6. Stay-stitch D-Ring sections and button loop in place along top of floral panel. Fold floral panel in half to measure  $14\frac{1}{2}'' \times 18\frac{3}{4}''$ . Position and pin D-Ring sections in place  $6''$  apart centered at the top of each side, with about  $\frac{1}{2}''$  of raw edge of fabric exposed over the edge of the bag panel. DO NOT TRIM OFF EXCESS. Fold, center and stay stitch button loop in place between two of the D-Rings at top of bag panel, leaving about  $\frac{1}{2}''$  of raw end of loop exposed.



7. Bagging out the panels: Fold both bag panels in half, right sides facing inwards. Pin and stitch side and bottom seams (making sure that the fabrics in the panels line up to meet), using a  $\frac{1}{4}''$  seam allowance, and leaving a  $8''$  opening at the centre bottom of the rainbow bag panel. Line up the  $2\frac{1}{2}'' \times 2\frac{1}{2}''$  plastic template with the seam lines and the fold at the bottom corners of both panels and trace around template with a marking pen. Turn each panel over and repeat the markings on the other side of each piece.



Squish the corners flat, pin, then stitch along the resulting straight line across each bottom corner and trim away the excess corners  $\frac{1}{4}''$  away from seam.



8. Stitch bag together and turn out: Turn floral bag panel right side inwards. Turn rainbow bag panel right side outwards, then insert it into the floral bag, making sure to have only one seam on each side of the bag (so the side seam on the floral bag panel is on the opposite side of the bag from the side seam of the rainbow bag panel). Pin, then stitch the bag panels together at the tops using a  $\frac{1}{4}''$  seam allowance (Helpful Hint: take your time with this step, use a walking foot, and switch to a thicker needle if you find the going tough!). Carefully pull the bag through the  $8''$  opening in the bottom of the rainbow bag panel, then insert floral bag into the rainbow bag. Make sure top seam is well turned out, pin, then topstitch  $\frac{1}{4}''$  away from seam. Stitch closed the  $8''$  opening at bottom of the bag by hand. Loop prepared  $24''$  handles through the D-Rings and stitch across width to secure. Stitch the two buttons in place, back to back on opposite side of the bag top from the button loop.

9. Bag Insert (inserting this into the bottom of your bag will give the bag shape and strength) : Glue the two pieces of  $\frac{1}{4}''$  foamcore board cut  $12\frac{1}{2}'' \times 4\frac{1}{2}''$  together to make bag insert  $\frac{1}{2}''$  thick. Cover the bag insert with the remnant of wadding glued into place. From the remaining fabric make a piece of simple patchwork to measure about  $7'' \times 14''$  to cover the bag insert. Your fully reversible tote bag is now complete! Fantastic as a picnic bag, nappy bag, or just about anything bag!

**CONGRATULATIONS AND WELL DONE!**



**\*792/1 DAFFODILS**



**\*799/Y6 PETAL**



**799/Q2 PETAL**



**\*794/Y DAISY YELLOW**



**\*791/R TULIP RED**



**\*799/N5 PETAL**



**\*799/R6 PETAL**



**\*790/R PANSY RED**



**\*790/L PANSY LILAC**



**\*799/L5 PETAL**



**799/L3 PETAL**



**\*794/L DAISY LILAC**



**\*790/B PANSY BLUE**



**\*799/B6 PETAL**



**799/B3 PETAL**



**\*795/B PETUNIAS BLUE**



**\*791/P TULIPS PINK**



**799/P4 PETAL**



**799/P2 PETAL**



**\*795/P PETUNIAS PINK**



**\*794/P DAISY PINK**



**\*799/G3 PETAL**



**\*794/W DAISY WHITE**



**\*799/G8 PETAL**



**\*794/B DAISY BLUE**



**\*797/1 LABELS**

(NOT TO SCALE PIECE SHOWN 30 X 56CMS)



**\*798/1 PANEL**

(NOT TO SCALE PIECE SHOWN 40 X 56CMS)



**Picnic Rug 107 x 137cms (42" x 54"),**

**Reverasble Bag and 6 Mug Rugs. Designed by Paula Doyle**  
Available to download FREE Dec 2011 [www.makoweruk.com](http://www.makoweruk.com)

\* Fabrics used in Picnic Rug, Bag and Mug Rugs  
All fabrics 50% of actual size unless otherwise indicated